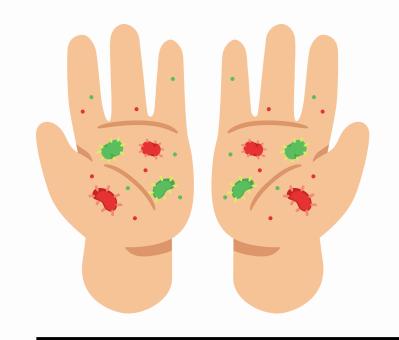
## Obsessive-Compulsive Disorder

A condition in which you have frequent unwanted obsessions that cause you to perform compulsions.

## **Obsessive Symptoms**



Fear of germs or dirt.

Fear of making a mistake.





Need for order, neatness, symmetry or perfection.

Fear of causing harm to yourself or someone else.



## Compulsive Symptoms



Arranging things in a very specific way.

Bathing or washing your hands over and over.





Repeatedly checking things.

Number rituals such as counting repeatedly



This Is Not Taboo — Recognise the Signs, Seek Help!



